

Walking with God Through Times of Change and Transition
Mercy Center Burlingame
June 10-13, 2010

Retreat schedule

This retreat is planned to provide ample time for prayer and reflection. While it is not a silent retreat, participants can choose to refrain from conversation and eat in silence. The schedule allows time to attend liturgy in the Motherhouse Chapel on Friday and Saturday at 11:30 a.m., as well as time for bodywork appointments, walking, and rest.

Thursday 10th June

6:00 p.m.	Retreat begins with dinner
7:00	Opening meeting, welcome, introductions "God's Dream – Your Life"

Friday 11th June

8.00 a.m.	Breakfast
9:00 -- 9:45	Session 1: "Signs of the Times"
10:30 – 11:15	Session 2: "The power of desire"
12:00 noon	Lunch
1:00 – 4:00 p.m.	Contemplative free time
4:00 – 4:45	Session 3: "Finding solid ground"
5:00 – 6:00	Free
6:00	Dinner
7:00-7:30	Optional time for group reflection

Saturday 12th June

8:00 a.m.	Breakfast
9:00 -- 9:45	Session 4: "Walking the talk (1)"
10:30 – 11:15	Session 5: "Walking the talk (2)"
12:00 noon	Lunch
1:00 – 4:00 p.m.	Contemplative free time
4:00 – 4:45	Session 6: "Leaving the comfort zone"
5:00 – 6:00	Free
6:00	Dinner
7:00 – 7:30	Optional group sharing

Sunday 13th June

8:00 a.m.	Breakfast
9.30-10.30	Session 7: "Every choice counts" Gathering the harvest of the retreat
11:00	Closing liturgy
12:00 noon	Lunch